

Fonseca Anamnestic Index

Temporomandibular Joint Dysfunction (TMD) Screening Questions

Yes= 10 points No= 0 points

1. Do you have difficulty opening your mouth wide? YES NO
2. Do you have difficulty moving your jaw to the sides? YES NO
3. Do you feel fatigue or muscle pain when you chew? YES NO
4. Do you have frequent headaches? YES NO
5. Do you have neck pain or a stiff neck? YES NO
6. Do you have ear aches or pain in that area (TMJ)? YES NO
7. Have you ever noticed any noise in your TMJ while chewing or opening your mouth? YES NO
8. Do you have any habits such as clenching or grinding your teeth? YES NO
9. Do you feel that your teeth do not come together well? YES NO
10. Do you consider yourself a tense (nervous) person? YES NO

TOTAL : _____

TMD severity scoring:

0 - 15	Absent
20 - 45	Mild
50 - 65	Moderate
70 -100	Severe

References: Bevilaqua Grossi et al., 2006; Chaves et al., 2008; Fonseca et al., 1994