

Red Flag Questionnaire

With respect to your back/neck pain, check one or more factors on this page that apply to your symptom.

- Follows a fall, blow to your back or other injury
- Is constant or intense
- Worsens during rest or at night
- Spreads down one or both legs/arms
- Causes weakness, numbness or tingling in one or both legs/arms
- Is associated with new bowel or bladder problems
- Is accompanied by fever
- Is associated with pain or throbbing in the abdomen
- Is accompanied by unexplained weight loss
- A history of cancer, osteoporosis, steroid use, or drug or alcohol abuse.

Adapted from the [Mayo Clinic Symptom Checker](#), 2012